FORT JACKSON - SOUTH CAROLINA

# RETIREE BULLETIN



**VOLUME 1 \* 2023** 

# From the Chairman

Dear Retiree,

Please consider this your invitation to the 2023 Fort Jackson Retiree Appreciation Days, to be held 18-20 May 2023. Thanks to the diligent work of the Garrison staff, this year's event will see the return of the traditional three-day format, to include the very popular Retiree Expo on Saturday. I hope you can take full advantage of these expanded opportunities. You can find further details inside this newsletter.

Although I normally focus exclusively on retiree issues in my annual letter to the retiree community, this year I would like to draw your attention to a challenge facing our Armed Forces and a request that you do what you can to help. The challenge is simple: the Army and our other services are struggling mightily to recruit from America's youth. As you are probably already aware, less than one in four military-age Americans meets the minimum enlistment standards, with most being eliminated due to physical, intellectual, or moral shortfalls. Those who do qualify for military service are, not surprisingly, the same people being actively recruited by colleges and private sector companies. At the risk of sounding overly dramatic, the result is nothing less than a crisis in national security.

I believe the retiree community can help address this crisis. Relax — I am not suggesting you break out your old PT uniform and start trying to get back to fighting trim! Those days have passed for us. But we can still make a significant difference simply by doing two things: 1) telling those around us about our military experiences, and 2) being the best citizens we can be. Simply put, a successful retiree who is a contributing member of the community and respected by the members of the community is the most effective recruiting poster available — and one that cannot be outsourced to a marketing agency!

Most of us came into military service when the Army's recruiting campaign was "Be All You Can Be." It is a great philosophy of life, for Soldiers and retired Soldiers! Be all you can be in your community, in your family, in your retired life! You will be a better person for it, and, who knows — maybe you'll even hear a youngster say, "I want to grow up to be like that retired Soldier who lives next door."

Hope to see you at Retiree Appreciation Days.

Sincerely, J.R. Sanderson Colonel, US Army, Retired Chairman, Fort Jackson Retiree Council

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## Family and MWR

### Things to Do On Post When You Are Retired

- **1. See a free movie at the Library.** The Thomas Lee Hall offers free movies every Wednesday, Thursday and Saturday, 1-3 p.m. For information on what's playing ask your librarian or call, 803-751-5589.
- **2. Take an Auto Motive Skills Class at the Auto Craft Shop.** Stop paying for basic maintenance you can do yourself. Contact the Auto Craft Shop about class schedules. Call 803-751-7061.
- **3. Take a trip with Outdoor Recreation.** Dolphin Eco Tour- Join us on our Dolphin Eco Tour, Saturday, May 14, where we'll observe wild dolphins from aboard a Carolina Skiff bay boat as we cruise the 6 miles out to Morris Island. There we'll have a chance to observe the lighthouse and get off on this uninhabited barrier island to do some beachcombing. After the tour, we will take you to downtown Charleston where you can shop and dine at the Historic Charleston City Market. Register at Marion Street Station by May 12. For more information call 803-751-3484.
- **4. Start a Garden!** To celebrate Earth Day, the library will host its bi-annual Plant Swap event. Get rid of your surplus plants and seedlings and swap them for new! Bring your plants and seeds to the library throughout the week of April 17-21. On the 21st, you can stop by the library to pick out a plant.
- **5. Go Jump in a Lake! May 20: Summer Kick-off, 1-6 p.m., Weston Lake.** This free event celebrates the opening of the beach at Weston Lake. Patrons can enjoy swimming along with other water activities. Weston Lake also will have food and beverage sales available. Canoes, kayaks, stand up paddle boards and pedal boats will be available for rent. Outdoor Recreation is partnering with the Department of Public Works to conduct a Recycle Regatta event on same day.
- **6. Float around the Palmetto Falls Lazy River.** The Palmetto Falls Water Park will be open Saturday, May 28-Monday, May 30 for Memorial Day weekend. The full season starts on Saturday, June 4. For information on season passes, daily rates, group rates and more, call 803-751-4796.
- **7. Become a Lifeguard!** Supplement your income and stay connected to the community by becoming a lifeguard. Knight Indoor Swimming Pool offers Lifeguard Training and recertification classes. Call the Aquatics Staff at 803-751-4796.
- **8. Plan a vacation.** No matter where you want to go, Victory Travel can take you there. Visit them in the Joe E. Mann Center, 3392 Magruder Avenue or call 803-751-1400 to start planning today!

- **9. Play Golf with the CG!** First Friday Golf: BG Kelly invites you to join him for First Friday Golf the first Friday of every month! This is a Captain's Choice event and will begin at 11:30 a.m. at the Fort Jackson Golf Club. You may enter your own team or sign up as a single and the FJGC PGA Professionals will pair you with a group. Entry fee is \$45 for FJGC members and \$55 for non-members. The entry fee includes applicable greens fee, user Fee, cart, prizes, and a boxed lunch. Register ASAP by calling the pro shop or stop by the clubhouse to sign up. (803) 562-4437.
- **10.** Now-May 27: Watch Your Steps, a self-paced virtual and in-person (Coleman Gym) walking fitness program. This program encourages the community to get out and walk, and to encourage others. Watch Your Steps is a Walk and Wellness Program created by Family and MWR Fitness to get employees active and moving in-person and virtually. Participants receive a Wellness Passport Tracker of five health related goals: walking, reading, water intake, yoga, and exercise. For more information contact Pam Long, fitness coordinator, at 751-3700.
- **11. Coleman Gym offers Group Fitness Classes.** Memberships are only \$15 a month. Classes are offered daily, in person and online. Take as many classes as you like: Zumba, Indoor Spinning, Weight Training, Aerobics, Yoga and Pilates, and Cardio Kickboxing.
- **12. Free Friday Spin Classes every Friday**, 4 p.m. at Vanguard Gym. For more information contact Pam Long at 803-751-3700
- **13. Meet up with friends at the NCO Club**. Lunch Buffet is open Tuesday, Thursday and Friday, 11 a.m.-1:30 p.m. Tuesdays feature Soul Food. Wednesday the NCO Club now offers an All-American Lunch menu, 10 a.m.- 2 p.m. Thursdays the NCO Club is open 6:30-8:30 a.m for breakfast and offfers themed menus for lunch. Friday is all you can eat seafood. Ordering is easier than ever through Chow Now, jackson.armymwr.com/categories/social-and-dining.
- **14.** Enjoy Beers and Bingo the last Friday of every month, **4:30 p.m., Down Range Bar a**t the NCO Club. Fun, laid-back bingo, beer and the kitchen will be open. (This is a 21 and older event.)
- **15. Win up to \$10,000 at Victory Bingo**. Friday: Doors open 3 p.m. Play starts 4 p.m. Saturday: Doors open 10 a.m. Play starts 11 a.m. Sunday: Doors open 10 a.m. Play starts 11 a.m. Monday: Doors open 3 p.m. Play starts 4 p.m. For more information call 803-751-3411.
- **16. Every fourth Saturday is Cars & Coffee**, 8 -11 a.m., Solomon Center Parking Lot and 5122 Trolley Café. Enjoy cool cars and hot coffee the fourth Saturday of every month.

Whatever you are looking for, Family and MWR has something for you! Keep up to date on everything Family and MWR by visiting our website: https://jackson.armymwr.com. Follow our Facebook page at https://www.facebook.com/FortJacksonFMWR.



## Office of the Staff Judge Advocate

The Office of the Staff Judge Advocate (OSJA) values our Retiree community and their Dependents. As such, the Legal Assistance Office offers basic Power of Attorney and notary services on a walk-in basis during normal operating hours. Although manpower limitations have currently prevented the scheduling of attorney consultations, our office is committed to linking Retirees with community resources. Through partnerships with our Reserve counterparts, Retirees and their Dependents may obtain legal assistance on an ad hoc basis during Battle Assemblies. Additionally, there are several programs offering free or discounted legal information and services.

#### The SC-VALOR (Veteran and Armed Services Legal Outreach)

**Program** coordinates legal resources for military and Veterans through free clinics across the state, as well as a referral line to connect individuals with lawyers who can provide free or heavily discounted legal assistance. Clinics generally help with simple legal matters, such as the preparation of wills and power of attorney documents.

Telephone: (803)734-VETS

Website: https://www.scag.gov/inside-the-office/executive-division/sc-valor-program/

Electronic Intake Form: https://www.scag.gov/inside-the-office/executive-division/sc-valor-program/sc-valor-program-intake-form/

Lawyers 4 Vets is a pro bono legal clinic managed by the South Carolina Appleseed Legal Justice Center in partnership with William Jennings Bryan Dorn VA Medical Center. The clinic connects lower-income Veterans with local attorneys who provide one-on-one legal advice or representation for matters such as child support orders/modifications, expungement of SC criminal records and/or pardon applications, simple wills, and healthcare powers of attorney. There is an eligibility requirement for this resource.

Intake Line: 1-877-289-6000

#### Veterans Legal Clinic through the University of South

Carolina School of Law is a year-round clinic that serves the needs of indigent Veterans and their family members. Individuals meeting eligibility requirements may seek assistance with specific legal matters, including credit and financial issues, housing problems, government benefits, and family law disputes. Clinic operation follows the university calendar.

Telephone: (803) 777-3398

Email: lawvet@law.sc.edu

Intake Form: https://www.sc.edu/study/colleges schools/law/academictial learning/clinics/veterans legal clinic/ veterans legal clinic intake form.php

Assistance with the preparation of tax returns is no longer a part of the Legal Assistance program. Tax services will not be offered through military tax centers. Volunteers are available to help with tax preparation through IRS Volunteer Income Tax (VITA) and Tax Counseling for the Elderly (TCE) programs across the state. Locally, the following locations offer walk-in services:

#### The Cooperative Ministry

3821 West Beltline Boulevard Columbia, SC 29204 Service Dates: 30 JAN 2023-16 OCT 2023: Hours: 9:00AM-2:00PM (Mon, Tues, Thurs, Fri) https://www.coopmin.org/vita

#### **Garners Ferry Technology Center**

711 Longtown Road Columbia, SC 29229 Service Dates: 07 FEB 2023 11 APR 2023; Hours: 7:00PM-9:00PM (Tues)

#### **SC Works Lexington**

671 Main Street West Columbia, SC 29170 Service Dates: 30 JAN 2023 18 APR 2023; Hours: 12:00PM-4:00PM (Mon, Wed)

#### SC Works - Columbia (Virtual)

Available online at http://www.getyourrefund.org/TheCoopMin

The Department of Defense offers free tax software (i.e., MilTax) through Military OneSource. MilTax includes free tax services, easy-to-use tax preparation and e-filing software, along with personalized support from tax consultants. Military tax consultants are available at any time to answer questions via chat or phone. Consultations can be scheduled by calling 800-342-9647 or through the website's chat feature: https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/ FUN FACT: Did you know the Fort Jackson OSJA has a public Facebook page? You do not need to be logged into an account to view the content of this page. Additionally, the page is updated daily with preventive law information, links to upcoming webinars, and free community resources. If you have legal questions or need information on a particular matter, the OSJA Facebook page is a great place to start! Check us out at https://www.facebook.com/FTJacksonOSJA.

#### Office of the Staff Judge Advocate - Legal Assistance Office

Phone: 803-751-4287 Legal Assistance Mailbox: usarmy.jackson.army-tng-ctr.mbx.legal-assistance@army.mil Office Hours

0900-1115; 1230-1600 Mon-Wed; 1230-1600 Thu 0900-1115; 1230-1500 Fr

\*Office closed on federal and training holidays

## **Army Substance Abuse Progam**

#### **Personal Inventory**

By: Theresita Moses, Suicide Prevention Program Manager Army Substance Abuse Program

The start of a new year is the perfect time to check-in with yourself. One way to check in with yourself is to complete a self-assessment. A self-assessment will allow you to see if there are things you want to change or stay the same about yourself. Take the time now to get to know yourself a little better.

First, we will discuss The Johari Window Model, which was developed in 1955 by two psychologists, Joseph Luft and Harry Ingham, who recognized people were not fully aware of themselves. This four-pane window will help us become aware of our characteristics that we know of ourselves, others know of us, not known to others, and things not known to us or others.

Open Area: Known to Others & Known to Self Blind Spot: Known to Others & Not Known to Self Hidden Area: Not Known to Others & Known to Self Unknown: Not Known to Others & Not Known to Self

Pull out a sheet of paper or open the notes section in your phone. Jot down as many personality characteristics about yourself, to include characteristics you hope no one finds out about you. Then text or in person ask a friend or colleague to tell you a few personality characteristics about you. Draw a square with two lines inside of it to make four areas and label the boxes with one heading per box -- open area, blind spot, hidden area, and unknown. Finally, list these characteristics following these instructions:

**Open area** includes characteristics listed by you and the other person.

**Blind spot** includes characteristics listed only by the other person that you did not list.

**Hidden area** includes characteristics that you do not want anyone to know about you. These are the characteristics we often try to hide from others.

**Unknown area** includes characteristics not listed by you or anyone else, but you find the characteristics to be important. These are characteristics you might want to work towards adding to your life.

Known to self
Not known to self

Work Hown to sell Not known to

**The Johari Window Model** 

Now take a moment to write down your top three values, identify the values important to you, and how you are safe keeping your values. Compare your list of characteristics to your top three values. Are your characteristics and actions supporting or hindering your values? If your characteristics are not supporting your values, now is the perfect time to adjust. Don't wait until the new year, start now.

Locate a free resource on Fort Jackson and start working. Resources for DoD identification card holders include financial planning, short-term coaching/counseling, drug and alcohol prevention classes, family planning, and suicide prevention classes.

These simple exercises can help you learn more about yourself and help you manage the demands that follow all of us during the holiday season.

If you or anyone you know are experiencing thoughts of suicide, please call or text 988 for the suicide crisis lifeline.

Some information for this article was retrieved from the, The Decision Lab, at https://thedecisionlab.com/reference-guide/psychology/jo-hari-window

### **ID Card Services**

The Fort Jackson ID Cards Section provides world class customer support to eligible beneficiaries throughout its area of responsibility. The center issues CAC Cards for all branches of service, military affiliates, and contractors.

Appointments are highly recommended to avoid the possible wait. Customers are encouraged to make an appointment 90 days prior to the expiration date reflected on the ID card. ID card customers can make an appointment online by visiting https://idco.dm-dc.osd.mil/idco/. The website allows customers to schedule an appointment. Service is nearly immediate for those with appointments and depending on the type of support needed.

Walk-ins are allocated for emergencies only such as CAC unlock/-blocks, CAC certificate issues, lost/stolen IDs, DEERS updates that impact medical benefits, and/or other unique situation, will be serviced as a priority over other customers without appointments. Although walk-ins are welcome, customers who arrive without an appointment may experience long wait times which sometimes exceed 60 minutes, as our customers with appointments are seen first.

ID card/DEERS customers can also save themselves by bringing the appropriate documents and records specific to them. The required identifications and documents listings can be found within Fort Jackson's website at https://home.army.mil/jackson/. Visitors must then select ID Card/DEERS under the Top Links tab. Hours for the center are 8:00 a.m. to 4 p.m. Monday through Friday. It is closed for every first and third Thursday of each month from 1:30 p.m. to 4 p.m. for training. For more information or answers to specific questions, ID card/DEERS center visitors can call 803-751-6024.

# Fort Jackson Casualty Assistance Center MILITARY FUNERAL HONORS

Fort Jackson Casualty Assistance Center (CAC) is in the Strom Thurmond building, Room 206, located at 5450 Strom Thurmond Blvd., Columbia, SC 29207. The CAC provides high quality, quick and responsive, professional service to the next-of-kin and family members of critically injured or deceased Active Duty Army Soldiers, Retirees and Veterans within our geographical area of responsibility. The CAC supports the following SC counties: Abbeville, Aiken, Allendale, Anderson, Bamberg, Barnwell, Berkeley, Calhoun, Charleston, Cherokee, Chester, Chesterfield, Clarendon, Colleton, Darlington, Dillon, Dorchester, Edgefield, Fairfield, Florence, Georgetown, Greenville, Greenwood, Hampton, Horry, Kershaw, Lancaster, Laurens, Lee, Lexington, Marion, Marlboro, McCormick, Newberry, Oconee, Orangeburg, Pickens, Richland, Saluda, Spartanburg, Sumter, Union, Williamsburg, and York Counties.

All requests for Military Funeral Honors must be received from the requester (Funeral Director or family member) handling the service. To initiate this process, the requester must provide the DD Form 214, Certificate of Release or Discharge from Active Duty or an official honorable discharge certificate of the deceased to the CAC to request that Honors be rendered. The requester will contact the CAC by phone/fax/email; preferred method of receiving documentation is by email. All funeral requests should be received 72 hours prior to the Military Funeral Honors being rendered.

Fort Jackson CAC hours of operations are Monday — Friday, 0730 - 1700 (Eastern Standard Time). Telephone: 803-751-4519 or 803-751-7980.

## Checklist for Reporting a Death

#### **First Contacts**

These are important calls you should make first:

**Military Retiree Pension.** Retirement pay stops on the day of the retiree's death. Inform the Defense Finance and Accounting Service (DFAS) of the death.

Call 800-321-1080, menu option 2.

Have the following information available:

For the deceased retiree:

Name Social Security No. Date of death

#### For the caller:

Name, address, telephone number, and relationship to the deceased. When notified, DFAS will stop monthly payments to minimize overpayment.

Within 7-10 business days after reporting the death to DFAS, you should receive a letter containing the following documents:

- •SF1174 Claim for Unpaid Compensation of Deceased Member of the Uni-formed Service
- Annuity account forms and instructions (if the decedent was enrolled in the Survivor Benefit Plan or the Retired Serviceman's Family Protection Plan)

For online assistance for forms, and for online written and video instructions to complete them, enter "DFAS Home" in your browser. Open "Retired Military & An-nuitants" in a new tab and scan the list of tools for the desired forms and instruc-tions. Always open these in new tabs.

**Social Security.** Social Security pays benefits for the month prior the month in which an individual dies. Even if a funeral home informs the Social Security Ad-ministration of the death, a survivor should call 800-772-1213 or visit the nearest of-fice. Provide, for the deceased and for survivors, their social security numbers, names, and dates of birth. For online services, open ssa.gov; click on "Online Services."

**Veterans Affairs.** If the deceased was receiving payments authorized by the Department of Veterans Affairs (e.g., for disability compensation or a pension), you must report the death by calling 800-827-1000. When prompted, say "report a death." Have available the veteran's name, social security number, and date of birth. For questions regarding eligibility or claims for VA benefits, call as just described. For online information about survivor, burial, headstone, and other benefits, go to va.gov and click on the desired service (e.g., "Family member benefits" or "Burials and memorials"). For Veterans Group Life Insurance claims call 800-419-1473. For Service Disabled Veterans Life Insurance claims call 800-669-8477; online at benefits/va.gov.

**Civil Service Pension or Annuity.** If the deceased was a Civil Service retiree or receiv-ing an annuity, notify the Office of Personal Management (OPM): the OPM retirement website is www.opm.gov/retirement-services/.

Private Pensions If the deceased received funds from a private employer-sponsored plan, or from investments, notify the fund administrator or retirement cus-todian.

Institution: Phone: Account number: Type Account:

Life Insurance. If the deceased had current life insurance, contact the insurer(s).

Insurer: Phone:

Policy number: Face amount:

Insurer: Phone:

Policy number: Face amount:

Thrift Savings Plan. www.tsp.gov/. If the deceased participated in the federal gov-ernment's Thrift Savings Plan (TSP), contact the Federal Retirement Thrift Board at 877-968-3778, menu options 5, stay on the line.

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#### Continued from page 5

Deceased Social Security number or TSP Account number

**Legal Matters.** Inform the lawyer, trust administrator, and/or executor of the estate.

#### **Next Steps**

These contacts are less important, but should be addressed soon. **Financial institutions.** Notify the banks, brokers, and investment firms where the deceased saved, invested, and/or maintained funds. Locate all savings and check-ing accounts, CDs, IRAs, stocks, bonds, and securities. For each account have the following information: Institution name, its telephone number, account number, and the name on the account.

**Auto, Home, Medical, Property, and Other Insurance.** Contact the insurer(s) to stop or transfer insurance coverage. If possible, have the applicable policy for reference during the phone call.

**Accountant.** If the deceased had an accountant or tax preparer, inform them of the death. Perhaps they can assist with financial matters.

**Loans and Credit Cards.** Review loan and credit card statements for balances and periodic payments. Update contact information for holders of debt accounts. Con-tact each periodic payment payee to cancel, confirm, and/or adjust future payments. For each account, have the Institution name, its telephone number, account num-ber, the name on the account, and balance due.

**Taxes.** Contact municipal, county, and state tax offices. Update information and provide necessary documentation.

## **Retiree Services**

#### **State Taxes for Retirees**

Beginning with tax year 2022, all military retired pay is exempt for South Carolina Individual Income Tax. Retirees can stop or change their State Income Tax Withholding (SITW) in writing by submitting a DD Form 2866, thru: Defense Finance and Accounting Service, US Military Retired Pay, 8899 E. 56th Street, Indianapolis, IN 46249-1200 For more details, please contact Retirement Services at (803) 751-6715/5523/5495, for assistance.

#### **Retirement Services Operating Hours**

Fort Jackson Retirement Services are here for your post-retirement needs: SBP election changes, Award letters, Pay inquiries and MyPay pin resets. We are located in Room 211 of the Strom Thurmond Bldg; Walk-in hours are Monday-Friday 0800-0930 Appointments can be scheduled by calling (803) 751-6715/5495/5523.

## **AER**

The 2023 Army Emergency Relief (AER) Fundraising Campaign Kickoff was held this year on March 3 at Fort Jackson Century Lanes Bowling Center. This year's campaign theme is "Soldiers Helping Soldiers". The Fort Jackson AER team has been hosting a friendly bowling competition for the last five years. For the first time in five years, our very own retired service members provided a team to show their support and help kickoff this year's AER Campaign. The campaign kickoff is designed to bring awareness to the program, show individuals in need of financial assistance how to get help and let the community know its that time of year when they can donate to a program that helps our Soldiers and Family when in financial need.

For the past 81 years, Army Emergency Relief (AER) has clearly made a difference in enhancing the readiness and relieving the distress of Soldiers and their Families when they are in financial need. Last year alone, over \$6 million in interest free loans and grants were distributed to more than 3K Soldiers and dependents which included 566 to Retirees and their Family Members totaling more than \$1M. Such an extraordinary accomplishment is not sustainable without the continued generosity of active duty and retired Soldiers and Army Civilians.

AER aids Soldiers, Retirees, and their Families with over 30 categories. The categories range from assisting with housing (mortgage/rent), privately owned vehicles (repairs/insurance/payments), utilities, medical/dental care, emergency travel, minor home repairs and food.

AER also provides Undergraduate Scholarships to dependent children and spouses with ID cards for educational assistance. In 2022, AER's Scholarship program awarded more than \$13 million for over 3500 scholarships. Of all scholarships awarded, dependents of Retired Soldiers received 1,600 scholarships worth \$6.4 million dollars. This level of assistance can only continue through the generous support of donors. Out of every dollar donated, 87 cents goes to help Soldiers and their Families.

We asked that you be part of AER's campaign and help continue this legacy of caring by donating to AER's annual campaign through May 15th. Watch for your letter from AER during the campaign for more details or scan the enclosed QR code to submit a one-time donation by credit card or start an allotment. You can also mail your donation to AER, 2530 Crystal Drive, Suite 13161, Arlington, VA 22202.

Please consider supporting Army Emergency Relief — together we can continue helping the Army "Take Care of its Own."





# FORT JACKSON 2023 RETIREE APPRECIATION DAYS

## ONCE A SOLDIER, ALWAYS A SOLDIER... A SOLDIER FOR LIFE!

#### THURSDAY, MAY 18, 2023

- » 7:30 a.m. Join us online at https://www.facebook.com/USArmyGarrisonFortJackson to hear the Garrison Commander's Message to the Retirees.
- » 9:00 a.m. Basic Training Graduation Ceremony and Salute to Retirees. Speaker: Master Sergeant (Ret) Ed Lundeen. Reserved seating under the covered bleachers. POV parking, suggest that you arrive early to avoid the heavy traffic.

#### FRIDAY MAY 19, 2023

» 19<sup>™</sup> Annual Retiree Appreciation Day Golf Tournament: Friday, May 19, starting at 9:00 a.m. (shotgun start) on the Wildcat Course. All military Retirees, veterans, civilians and their guests are eligible to participate in the Captain's Choice tournament. Enter individually or as a team of four. Entry fee is \$45 for FJGC members, \$55 for all authorized patrons, and \$60 for civilian guests. This year's field is limited to 128 players/32 teams. Stop by the golf club or call to register at (803) 562-4437.

#### **SATURDAY, MAY 20, 2023**

- » Retiree Health and Benefits Expo at the Solomon Center, Strom Thurmond Blvd, from 9:00 a.m.-1:00 p.m. Moncrief Army Health Clinic (MAHC), will provide health screenings and counseling booths to include blood pressure screenings. This year we will have a Special Keynote Speaker: Mr. Mark Overberg, Director, Army Retirement Services, Deputy Chief of Staff, G-1, comes to us from the Pentagon to provide updates and a Q & A session: 10:00 a.m., also featuring information booths, giveaways and more: Agencies represented include: DENTAC, TRICARE, AER, PAALS, USAA, HUMANA, AWC, Big Red Barn Retreat, Education Services, Casualty Assistance, Dept of Veteran's Affairs and a host of others.
- » 9:00a.m.-1:00p.m. ID Card Services in building 5450 Strom Thurmond Blvd, Strom Thurmond Bldg.
- » AAFES in Store Sales at the Main PX starting at 9:30 a.m.
- » Commissary in Store Sales starting at 9:30 a.m.
- » Victory Bingo at the Fort Jackson Victory Bingo games begin 1:00 p.m.

NEED A HOTEL? CALL VICTORY TRAVEL CENTER (803) 751-1400 or (803) 751-5812

#### FORT JACKSON 2023 RETIREE APPRECIATION DAYS REGISTRATION FORM

If you plan to participate in the golf tournament, please return this form by May 10, 2023, to: Family and MWR Operations Division, 3392 Magruder Ave., Fort Jackson, SC 29207. Payment will be collected at the door (where appropriate). You can also register at the Golf Club. If you plan to attend the BCT Graduation Ceremony and ride the bus, return this form by May 10, 2023 to Directorate of Human Resources, 5450 Strom Thurmond Blvd, Fort Jackson SC 29207.

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U.S. ARMY
<b>\MWR</b> /
TANLIES DETIRETS

FULL NAME:	RANK:		
ADDRESS:	CITY:		
STATE: ZIP CODE:	PHONE:		
SPOUSE/GUEST NAME:	EMAIL:		
BREAKFAST: YES NO	SPOUSE/GUEST: YESNO		
GRADUATION CEREMONY: YES NO PASS IN REVIEW: YES _	NO SPOUSE/GUEST: YES NO		
GOLF TOURNAMENT:	HANDICAP/AVG. 18 HOLE SCORE:		
PLAYER 1:			
PLAYER 2:			
PLAYER 3:			
PI ΔYFR 4·			

# Fort Jackson Retiree Council Members

/	/				
•	COL (ret)	Jeffrey Sanderson (Chair)	jeffreysanderson1962@gmail.com	706-718-7575	USA
	COL (ret)	Joseph S. McLamb (Sec)	joseph.s.mclamb@gmail.com	931-249-1274	USA
	CAPT (ret)	Paul Flondarina	pvflondarina@gmail.com	803-312-3662	USN
	COL (ret)	John G. Gergulis	whip6K1VN2@yahoo.com	803-727-2832	USA
	COL (ret)	Carl W. Horn	cwhorn1954@gmail.com	803-364-9200	USA
	COL (ret)	William A. Whatley	alwhatley42@gmail.com	803-661-8667	USA
	COL (ret)	Steve Vitali	svitali@att.net	803-556-2088	USMC
	COL (ret)	Thomas A. Robillard	thomas.robillard47@gmail.com	803-730-6109	USAF
	LTC (ret)	John R. Marcucci*( V/Ch)	jrmarcucci@aol.com	803-736-5041	USMC
	LTC (ret)	Tom McAndrews	marge7217@aol.com	803-776-1756	USA
	LTC (ret)	James Ross Snell	rosssnell@hotmail.com	803-603-4234	SCNG
	CW4(ret)	Constantine S. Green	csgreen82@gmail.com	803-402-2945	USA
	CSM (ret)	Jesse J. DeBerry	jdeberry3@sc.rr.com	803-786-4418	USA
	CSM (ret)	Melvin Everson	unavailable	803-530-3818	USA
	CSM (ret)	Carl M. Lopez	pacifictop@aol.com	803-699-2512	USA
	CSM (ret)	Dan Wrightsman	Daniel.wrightsman@scdva.sc.gov	803-728-5306	USA
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	Mrs.	Donnell Baker	frank1151888@att.net	803-413-5449	Spouse
	Mrs.	Pamela Wallace	pbwallce4@icloud.com	unavailable	Civilian
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